

Email sent May 29, 2020

Dear Dr. Gluck, and excellent team: Jean; Lynn; Sue; Ashley

I want to thank you for all your kindness and support through an often emotionally charged series of challenges and treatments. Thank you. It means so much to have the kind of highly professional staff attending to me. I apologize if I seemed (or was) needy from time to time. Dr. Gluck, your expertise and skill are exemplary. I really appreciate your on-call availability, thoughtfulness and technical savvy. I feel—and even choke up a bit as I write this — that I have turned a corner on a very dim stretch of road. I have energy, greater appreciation, optimism that weren't in abundance half a year ago. You have all been so attentive and kind. You have touched me and healed me. Thank you from the bottom of my heart.

an interested person

Dr. Gluck, I have cut and pasted the original email text sent to ~~you~~. Out of respect to his privacy, I have not included his reply. Here is what I wrote him prior to a follow up phone call—where we chatted in a bit more detail about nuances, tips and shared impressions.

----- text of letter -----

Dr. Gluck is excellent, highly experienced and regarded, attentive, supportive and encouraging in his work. I fully expect this to be your experience as well.

As my brother informed his friend of my experience and how highly I thought of your clinic and the procedure I have gone through, I detailed it in the following phases.

1. blood panel for PSA screening: the lab IDs if levels exceed normal range. Dr. makes determination to get additional tests if warranted
2. biopsy and lab findings
3. Consult w Dr Gluck over findings, what this means, what are your best options, etc. Very informative, articles and links with more detail provided
 - a. I was encouraged to investigate all methods of treatment, which I did...and found Dr. Gluck's candor and support, and an absence of any prodding to use this process, to be a key difference.
4. I met with many practitioners from all the other major treatment methodologies; surgery, radiology, etc.. I concluded that HIFU was best for me.
5. [if warranted] a CT scan with contrast (to help identify whether surrounding tissue shows increased cellular activity beyond the Prostate—a marker of possible cancer activity)
6. [if warranted] an MRI for bone density? (unsure here)
7. Trans Urethral Recession of Prostate (TURP)
 - a. Insertion of catheter, provided with guidance on use of, drainage, etc.
 - b. Rx antibiotic [if warranted] to prevent infection; also bladder Rx
 - c. post procedure recovery period
8. This is typically a 4-6 wk healing period, very important and recommended, prior to HIFU procedure
9. High Intensity Focused Ultrasound (HIFU)
 - a. Installation of Super-pubic tube; or catheter— varies
10. Post-procedure recovery period
11. Removal of Super-pubic tube (1-2 weeks after HIFU, depending)
12. Recovery period, adjustments and consultation w Dr. Gluck and staff throughout
 - a. (In my case, I developed a urinary tract infection, manifested as need to go, and go often.
 - b. When reported to Dr Gluck he ordered a urine sample.
 - c. Result: I had a UTI....I was informed that some can develop a UTI; the body is in the process of healing. Dr. Gluck prescribed an anti bacterial; then it cleared up]
13. Return to normal functioning; much more normal frequency, much more typical sense of when I need to go
14. A scheduled follow up blood panel is drawn about 2-4 weeks to check PSA levels and any other factors Dr wishes to monitor [in my case, low testosterone]
15. Consult w Dr. Gluck on findings from blood draw.
[note: the next line I just added tonight....I didn't know the results when I wrote my email to Jim]
16. Great news! PSA .86— down from high of 9 or so. w Rx, testosterone levels excellent. Will do a follow up consult in 3 months

I hope this gives you a sense of the blow-by-blow progression. Of course, each person's experience varies depending on their circumstances and conditions. Feel free to call if you'd like to discuss.

You are in very good hands.
Best Regards, Ray

----- end of email -----